

IGS in partnership with **Colorado State University-Pueblo**
Now in Our 47th Year!



Fall
2019

EDU 501.97 – Eat, Move, Sleep for Teachers –

September 18 – October 31, 2019

October 16 – November 30, 2019

EDU 501.98 – Functional Strength Training for Athletics and Physical Education –

September 18 – October 31, 2019

October 16 – November 30, 2019

EDU 501.102 - Brain Rules for Teachers Surviving and Thriving at Work, Home, and School –

September 18 – October 31, 2019

October 16 – November 30, 2019

Instructor: John Ditter

Phone: 608-558-5009 ♦ Email: jditter.attendigs@gmail.com

Cost: \$720.00

Your IGS Experience is just a click away at

www.attendigs.com



FOR ENROLLMENT ♦ REGISTRATION ♦ CONFIRMATION

Sherry Mills 1-877-447-7895 (best time to call 9am-4pm) ♦ Email: smills.attendigs@gmail.com