



**IGS in partnership with Colorado State University-Pueblo**  
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Fall  
2018

**EDU 501.26 - Anger in the Classroom/Understanding the Emotion Managing the Behavior –  
 December 1 – December 31, 2018**

This three (3) graduate credit education course is designed to give teachers the skills necessary to understand the dynamics of the emotion of anger, how it manifests, and strategies to help students turn the destructive behavior that comes from anger into effective, positive anger management. The theoretical base and underlying concepts and principles are based on multi-intelligence theories as well as the recent research indicating clear positive gains in student achievement when the emotion of anger is managed well.

The Knowledge of understanding anger triggers, learning healthy communication techniques, using strategies for conflict resolution, school-based programs that work, understanding the need for crisis management resources and using stress management techniques will be shared. This course will prepare educators to help themselves and their students learn positive strategies to manage the increasing role that the negative behavior of anger plays in our lives in and out of school. The course content will be presented in a series of lectures followed by discussions and feedback during which pertinent issues will be analyzed, synthesized, compared and evaluated. This class discussion and small group interaction as well as instructor feedback will accomplish the end that participants will have a working knowledge and understanding of the course content as well as how to use the information to improve student achievement using ideas, materials, activities, and strategies to be shared analyzed, and evaluated.

**Instructor: Mary Beth Wood**

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Cost: \$720.00

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