

IGS in partnership with **Colorado State University-Pueblo**  
*Now in Our 47<sup>th</sup> Year!*



Fall  
2018

**EDU 501.97 – Eat, Move, Sleep for Teachers –**

October 1 – November 11, 2018

October 29 – December 9, 2018

**EDU 501.98 – Functional Strength Training for Athletics and Physical Education –**

October 1 – November 11, 2018

October 29 – December 9, 2018

**EDU 501.102 - Brain Rules for Teachers Surviving and Thriving at Work, Home, and School –**

October 1 – November 11, 2018

October 29 – December 9, 2018

Instructor: John Ditter

Phone: 608-558-5009 ♦ Email: [jditter.attendigs@gmail.com](mailto:jditter.attendigs@gmail.com)

Cost: \$720.00

Your IGS Experience is just a click away at

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**FOR ENROLLMENT ♦ REGISTRATION ♦ CONFIRMATION**

Sherry Mills 1-877-447-7895 (best time to call 9am-4pm) ♦ Email: [smills.attendigs@gmail.com](mailto:smills.attendigs@gmail.com)